WHAT IS CLAIMED IS:

- 1. A bipod for use with a firearm, said bipod comprising:
 - (a) a hollow body;
 - (b) a pair of legs, said legs having a stored position and a deployed position;
 - (c) a yoke carried by said body and formed to mount to a firearm barrel; and
 - (d) urging means carried by said body and connecting said legs so that when a first leg of said pair of legs is rotated with respect to said body between said stored and said deployed positions, said urging means rotates said second leg with said first leg.
- 2. The bipod as recited in claim 1, wherein said legs are parallel to a barrel of a gun, when said yoke is mounted to the barrel of a gun and said legs are in said stored position, and, when said legs are rotated from said stored position to said deployed position, said urging means splays said legs.
- 3. The bipod as recited in claim 1, wherein said legs have a first stored position and a second stored position, said legs being aligned parallel to a barrel of a gun when said yoke is mounted to said barrel of a gun and said legs are in said first and said second stored positions, said first stored position being oriented approximately 180° from said second stored position.
 - 4. The bipod as recited in claim 1, wherein said urging means further comprises a

compression spring housed in said body and in operational connection with said legs, said compression spring urging said legs to splay when said legs are rotated into said deployed position.

- 5. The bipod as recited in claim 1, wherein said pair of legs are telescoping.
- 6. The bipod as recited in claim 5, wherein each leg of said pair of legs has means carried therein for permitting said legs to be telescopingly extended by pulling on said each leg.
- 7. The bipod as recited in claim 6, wherein said each leg carries a spring-loaded button that must be pressed to telescopingly collapse said each leg.
 - 8. A bipod for use with a firearm, said bipod comprising:
 - (c) a hollow body;
 - (b) a yoke pivotally carried by said body and formed to mount to a firearm barrel;
 - (c) a first leg having a first end and an opposing second end;
 - (d) a second leg having a first end and a second end, said first and said second legs having a stored position and a deployed position;
 - (e) means carried by said body for connecting said first leg to said second leg so that rotation of said first leg rotates said second leg; and
 - (f) urging means carried by said body and in operational connection with said legs so that when a first leg is rotated with respect to said body from said

stored to said deployed positions, said urging means splays said first and said second legs.

- 9. The bipod as recited in claim 8, wherein said body includes ledges for limiting pivoting of said yoke with respect to said body.
- 10. The bipod as recited in claim 8, wherein said yoke includes ledges for limiting axial rotation of said firearm with respect to said yoke.
- 11. The bipod as recited in claim 8, wherein said first and said second legs each carry means for engaging a surface and resisting lateral movement of said bipod with respect to said surface.
- 12. The bipod as recited in claim 8, wherein said connecting means is a tie element received within said body and pivotally connecting said first end of said first leg to said first end of said second leg.
 - 13. The bipod as recited in claim 8, wherein said urging means further comprises:
 - (a) a compression spring; and
- (b) two hollow plungers, said compression spring and said two plungers being carried within said body.
- 14. The bipod as recited in claim 13, wherein said connecting means is a tie element received within said body and connected to said first end of said first leg and said first end of said second leg, said tie element being encircled by said compression spring and said plungers.

- 15. The bipod as recited claim 13, wherein said body has a first end and an opposing second end, said first leg attached to said first end of said body and said second leg attached to said second end of said body, said first and second ends of said body having cutout portions and said two hollow plungers having cutout portions, said first ends of said first and said second legs being received in said cutout portions of said two hollow plungers and said first and second ends of said body when said first and said second legs are in said deployed position.
- 16. The bipod as recited in claim 14, wherein said two hollow plungers have leading edges, said leading edges being urged by said compression spring into engagement with said first and said second legs.
- 17. The bipod as recited in claim 16, wherein said leading edges have concave portions to preferentially urge said legs into said stored positions.
- 18. The bipod as recited in claim 15, further comprising a pair of pins and wherein said body has two holes formed therein dimensioned to receive said pins, and wherein said two hollow plungers have cuts formed therein, said cuts also being dimensioned to receive pins and being aligned with said two holes in said body, said pins being used to limit axial and rotational motion of said hollow plungers.